

2009 Juanita Allington Memorial Senior Championship Meet

SHORT COURSE

March 5-8, 2009

Held under USAS/Central California Swimming Meet Sanction #S0609AK , Time Trial Sanction # S0709AK
Central California Swimming Website: www.centralcalswim.org Clovis Swim Club Website: www.clovisswimclub.org

MEET

DIRECTOR: Vince Chacon
(559)-977-8414

LOCATION:

CLOVIS NORTH AQUATICS COMPLEX (CLOVIS NORTH HIGH SCHOOL)
(Highway 41 or 99 to Herndon Avenue, east on Herndon to Willow, north on Willow to the corner of Willow & International). Continue on Willow to the east end of the campus and turn left at the tennis courts. Drop off at the pool entrance and continue to Chestnut (left) and left into the parking lot.

FACILITY:

Two 50 M x 25 yard outdoor pools. The main competition pool is all deep with a minimum depth of 7 ft. The adjacent multi-purpose pool has a ten lane SCY competition course with a minimum depth of 7 ft. Two eight lane courses or two ten lane courses will be used. The course configuration will be determined by the Meet Director and Meet Referee after review of the entries and projected timeline. Continuous warm up and warm down will be available. The scoreboard is a Colorado Timing LED Board capable of displaying two 10 lane courses. A concession stand will be available. **Propane heaters are prohibited. The competition pool has been certified according to articles 202.3, 203.4, and 206.2 USAS rules and regulations.**

RULES:

Current USAS and CCS rules will apply. Warm-up rules will be posted on deck and printed in the meet program. All swimmers must be 2009 registered members of USA Swimming and present their card upon request. A USAS registered coach must supervise all warm-ups. If you do not have a USAS registered coach at the meet, report to the deck referee for lane and coach assignment. All coaches may be required to present their 2009 USAS Coach Membership card to the Meet Referee at the beginning of the meet. If an insufficient number of officials are present to run the meet, a ten-minute break will be taken every two hours. No deck entries will be allowed. **Swimmers in distance events are required to provide their own timer and lap counter. Lap counting devices will be provided.**

WARM-UPS:

The competition pool will be open for warm-up on Thursday from 3:00 – 4:50 p.m. and Friday through Sunday at 7:30 a.m. under a coach's supervision. From 7:30 – 8:10 a.m. all lanes will be open for general warm-up. From 8:10 - 8:50 a.m. lanes 1 and 8 will be open for push-pace work. **NO DIVING.** Lanes 2 and 7 will be open for one-way sprints from the blocks under coach's supervision. Practice starts only from sprint lanes. Lanes 3, 4, 5 & 6 will be open for general warm-up. The Meet Referee, in the interest of the swimmers, may make changes at any time.

MEET FORMAT:

This is a preliminary and finals meet with timed finals beginning at 5:00 p.m. on Thursday and preliminaries beginning at 9:00 a.m. on Friday, Saturday, and Sunday. The meet will be deck seeded using a master check-in system for preliminaries. Swimmers will be seeded according to their submitted times. Preliminary heats may be run in multiple courses if necessary due to time restrictions and size of meet. Finals start time may be adjusted by the meet referee according to the size of the meet or by weather conditions. There will be a Championship Final, Consolation Final and Bonus Final in that order in each event except for the 1000 Freestyle, the 1650 Freestyle and relays, which will be swum as timed finals.

Friday and Saturday: Finals will begin no sooner than 1-1/2 hours after finish of preliminary events with the time to be determined by the Meet Referee. Swimmers have 30 minutes after

announcement of the qualifiers for that race in which to scratch or declare their intent to scratch. You will be seeded in the finals unless you scratch. Any swimmer who qualifies in the top **24** places and is seeded in a championship, consolation, or bonus final race in an individual event and who fails to compete in said final shall be barred from further competition for the remainder of the meet.

Sunday: Finals will begin no sooner than 1 hour after finish of the 1650 freestyle, with the time to be determined by the Meet Referee. **THE TOP 40 QUALIFIERS IN EACH EVENT MUST POSITIVE CHECK-IN OR DECLARE THEIR INTENT TO SCRATCH within 30 minutes after announcement of the results for that race.**

CHECK IN:

SWIMMERS MUST CHECK IN ONCE FOR THE ENTIRE MEET. THOSE SWIMMERS COMPETING IN THE 1000 FREESTYLE MUST CHECK IN BY 4:00 P.M. ON THURSDAY. CHECK IN FOR ALL OTHER PRELIMINARY EVENTS WILL CLOSE AT 8:30 A.M. FOR THE FIRST FOUR EVENTS FOR THAT DAY AND THEN ONE HOUR PRIOR TO THE ESTIMATED START OF EACH SUBSEQUENT EVENT. ONCE CHECKED IN, YOU ARE THEN CHECKED IN FOR THE ENTIRE MEET, EXCEPT THE 1650 FREESTYLE (see distance events section), UNLESS SCRATCHED.

SCRATCHES:

A scratch box will be used and located at the Clerk of Course. Scratches prior to the seeding of heats shall be confirmed by properly filling out and depositing scratch card in the scratch box at the Clerk of Course. Scratch deadline for Friday's events will be 30 minutes prior to scheduled start of the first event. Scratch deadline for the remaining days will be 30 minutes after the start of finals of the previous day. **Any swimmer who fails to compete in an individual event in which they are entered and have not scratched from will be barred from all further individual and relay events for that day. In addition, those swimmers must positive check-in for the remaining days, prior to the close of their event in order to be seeded.**

RELAYS:

Relays will be deck entered. Relay only swimmers must be included on the individual entry submitted by the due date. All relays will be swum in finals on Friday and Saturday. Teams will have an option to declare AM or PM on Sunday. Sunday AM Relays will be swum before the 1650 Free. Relay cards will be due as determined by Meet Referee on the day of the event.

DISTANCE EVENTS:

The 1000 and 1650 yd freestyles are 'timed finals' with standard seeding procedures.

- **events will be swum fastest to slowest**
- Women and Men will swim on separate courses or alternate on one course at the discretion of the meet referee.
- fastest 8 entrants checked in for the women's 1650 will swim after Event 24 in finals.
- fastest 8 entrants checked in for the men's 1650 will swim after Event 26 in finals.

All other heats will be swum at the conclusion of preliminaries and the AM relays. **Note: 1650 check-in to be seeded will close one-half hour after the start of finals on Saturday. All other 1650 swimmers must check in by 8:30 A.M. Sunday.**

ENTRIES:

All entries must be submitted electronically. Entries may be received by e-mail (.cl2 or .sd3 file), Team Hy-Tek disk, or submitted online. An event file is located at [centralcalswim.org](http://www.centralcalswim.org) under meet schedule or you may use the on-line entry functions available at the Central California Swimming website (<http://www.centralcalswim.org/SwimMeets/MeetEntryTitle.asp>). Swimmers may enter as many events as they wish, but may only compete in 3 individual events per day including time trials. (USAS 102.2.6). Enter Short Course Yards (SCY) times only.

Entry fees are \$6.25 per individual event, \$12.00 per relay and an \$8.50 surcharge per swimmer. Relay only swimmers must be listed on an individual entry and must pay the \$8.50 surcharge by the meet entry deadline. Make checks payable to: **CLOVIS SWIM CLUB**

DEADLINE:

The meet director must RECEIVE entries no later than Tuesday, February 24, 2009. **Postmark date is irrelevant.** Full payment must be received by Friday, February 27, 2009. Entries received without full payment by February 27 will be rejected.

Mail entries with fees to:

Clovis Swim Club
P.O. Box 27606
Fresno, CA 93729-7606

***Please note:** Do not require these packages be signed for, which could delay receipt.

Email Entries

All E-mailed entries must be date stamped by the deadline date of 11:59 PM Tuesday, February 24, 2009 to be accepted. Payment of these entries, irrespective of the filing date, must be received no later than Friday, February 27, 2009.

E-mail entries to: clovis.entries@sbcglobal.net

**ELIGIBILITY
AND PROOF
OF TIMES:**

All swimmers must be currently registered with USA Swimming. **THIS IS A PROOF OF TIME MEET. If you choose to enter an event for which the athlete does not have a qualifying time, please enter at the meet entry time standard. A swimmer failing to make a qualifying time in the preliminaries has the following options:**

1. Proof of time that he/she has previously achieved the time standard. This must be accomplished at the meet.
2. Pay a twenty dollar (\$20) fee to continue to swim.

Proof of time or payment must be made by the scratch deadline for the next day's events. Failure to comply with options 1 or 2 above will result in the swimmer being barred from further competition in the meet. Swimmers unable to prove two times will be barred from further competition. Converted times are not acceptable for proof of time.

- **NOTE:** Proof of times must come from final results of a USA Swimming sanctioned, approved or observed meet, showing swim meet, location, and date. The USA Swimming SWIMS Database and each LSC's official web site final results may be used for proof of time.

SCORING:

Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

AWARDS:

High point male and female awards.

OFFICIALS:

This meet has been designated an "Officials Qualifying Meet" per N2 and N3 evaluations. There will be an officials briefing sessions beginning one hour before each session. If you have any questions, please call the Central California Swimming Officials Chairman, Renee Patterson at (559) 431-7983.

TIME TRIALS:

Time trials will be held daily at a cost of \$10.00 for each swim, the time to be determined by the Meet Referee. Time trials will be run according to the procedures followed at National Championship Meets. Swimmers must provide their own timers and, when appropriate, lap counters. Lap counting devices will be provided. Time trials are available only for swimmers entered in the meet. The total number of individual events (regular and time trial) cannot exceed three for any day.

**MEET
REFEREES:**

John & Leslie Julian 559-322-6350

Hotel info

Hotel reservations may be made online at
<http://www.fresnocvb-housing.org/events.php?id=47>

WOMEN**ORDER OF EVENTS****MEN****Thursday, March 5, 2009**

1	11:40.99	1000 Y FREESTYLE	11:12.19	2
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Friday, March 6, 2009

3	59.49	100 Y FREESTYLE	55.19	4
5	2:21.49	200 Y BUTTERFLY	2:13.39	6
7	2:20.89	200 Y BACKSTROKE	2:12.39	8
9	5:40.19	500 Y FREESTYLE	5:24.29	10
11		400 Y FREE RELAY		12

Saturday, March 7, 2009

13	2:07.69	200 Y FREESTYLE	2:00.09	14
15	2:39.39	200 Y BREASTSTROKE	2:30.09	16
17	27.49	50 Y FREESTYLE	25.29	18
19	5:03.49	400 Y IND MEDLEY	4:47.79	20
21		800 Y FREE RELAY		22

Sunday, March 8, 2009

23	1:04.99	100 Y BUTTERFLY	1:00.09	24
25	1:05.19	100 Y BACKSTROKE	1:01.09	26
27	1:14.09	100 Y BREASTSTROKE	1:08.89	28
29	2:23.99	200 Y IND MEDLEY	2:15.09	30
31		400 Y MED RELAY		32
33	19:33.99	1650 Y FREESTYLE	18:47.99	34

Juanita Allington
1944-1990

The Clovis Swim Club Senior Championship Short Course Swim Meet is dedicated to the memory of Juanita Allington.

Juanita was truly a friend of swimming, participating as a volunteer at the recreation, club, high school and collegiate levels. She served as President of Central California Swimming and as OVC Chair for CCS.

By the time her daughter, Missy, completed her collegiate career at Arizona State University, Juanita and her husband, Norm, turned the avocation of swimming into a full-time vocation - Swim Suits West.

Clovis Swim Club was fortunate to have Juanita as a member of our organization.

JUANITA ALLINGTON MEMORIAL
March 5-8, 2009
Fresno, California

TEAM INFORMATION SHEET

TEAM NAME: _____

LSC: _____

HEAD COACH: _____

ASSISTANT COACH: _____

ASSISTANT COACH: _____

TEAM ADDRESS: _____

(For results and _____

Upcoming events) _____

Web site & email _____

PHONE NUMBER: _____

WHERE TEAM IS STAYING IN FRESNO: _____

NUMBER OF COACHES IN ATTENDANCE: _____
